

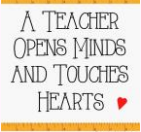



MAY 1	BJ WILKERSON MEMORIAL CHILD DEVELOPMENT CENTER INC. 🍎					
CACFP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	COMMENTS
BREAKFAST					Turkey sausage ½ oz eq Sliced apple ½ c 1% milk 6oz	Key: Hltp- hilltop Hearth M-O-M- Malt-O-Meal Iceb- Iceberg lettuce Hltp- Hilltop *Recipe
LUNCH					<u>Corn Chowder</u> Cannellini bean 1 ½ oz WW crouton ½ oz eq Corn ¼ c Fruit cocktail ¼ c 1% milk 6oz	Make sure your child has plenty of time to eat. 
SNACK					WGR Waffle ½ oz eq Strawberries ½ c Water	  Enjoy 😊



\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER\*

**NOTE:** Substitutions are met for each meal component based on food allergies

MAY 4-8	BJ WILKERSON MEMORIAL CHILD DEVELOPMENT CENTER INC. 🍎					
CACFP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	COMMENTS
<b>BREAKFAST</b>	Scrambled eggs ½ oz eq WW Toast ½ ea. 100% OJ 4oz 1% milk 6oz	Vanilla yogurt ¼ c Cantaloupe ½ c 1% milk 6oz	WGR French Toast ½ oz eq Applesauce ½ c 1% milk 6oz	WG Coco Puff 1 each Strawberries ½ c 1% milk 6oz	WW Bagel ½ oz eq 100% OJ 4oz 1% milk 6oz	Key: Hltp- hilltop Hearth M-O-M- Malt-O-Meal Iceb- Iceberg lettuce Hltp- Hilltop *Recipe
LUNCH  <b>TEACHER APPRECIATION WEEK</b>	<u>Chicken Sandwich</u> Chicken 1 ½ oz WW roll 1 ea. Broccoli ¼ c Oranges ¼ c 1% milk 6oz	<u>Fish Taco</u> WGR Pollock 1 ½ oz Taco shell 2 each Red cabbage ¼ c Pineapple ¼ c 1% milk 6oz	<u>Penne Pasta &amp; Meat sauce</u> WG Pasta ½ oz eq Gr Turkey 1 ½ oz Green bean ¼ c Fruit cocktail ¼ c 1% milk 6oz	<u>E.M. Pizza</u> WGR English muffin ½ oz eq Mozzarella 1 ½ oz Pea & Carrot ¼ c Pear ¼ c 1% milk 6oz	<u>Chicken &amp; Rice</u> WG Brown rice ½ oz eq Chicken 1 ½ oz Carrots ¼ c Peaches ¼ c 1% milk 6oz	
SNACK	WG Graham cracker ½ oz eq Monterey Jack cheese cubes ½ oz eq Water	WW Churros ½ oz eq 1% milk 4oz	WG animal cracker 1 pk 100% Grape Juice 4oz	WG Cheez-its 1 pk 100% Apple Juice 4oz	Trail Mix: WG Chex cereal ½ oz eq Raisins and cranberries ¼ c Water	 NATIONAL NURSE WEEK Enjoy 😊


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MAY 11-15	BJ WILKERSON MEMORIAL CHILD DEVELOPMENT CENTER INC. 🍎					
CACFP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	COMMENTS
<b>BREAKFAST</b>	WGR English muffin ½ oz eq Peach ½ c 1% milk 6oz	WG Oatmeal ½ oz eq Pears ½ c 1% milk 6oz	WGR Corn muffins 1 each Blueberries ½ c 1% milk 6oz	WG Grits ½ oz eq Banana 1 each 1% milk 6oz	WG Pancake ½ oz eq Pears ½ c 1% milk 6oz	Key: Hltp- hilltop Hearth M-O-M- Malt-O-Meal Iceb- Iceberg lettuce Hltp- Hilltop *Recipe
<b>LUNCH</b> 	<u>Turkey</u> Turkey 1 ½ oz WW Cracker ½ oz eq Corn ¼ c Oranges ¼ c 1% milk 6oz	<u>Mac &amp; Cheese</u> WG Elbow ½ oz eq Cheddar 1 ½ oz Spinach ¼ c Mango ¼ c 1% milk 6oz	<u>Tuna Fish</u> Tuna 1 ½ oz WW bread 1 ea. Broccoli ¼ c Pineapple ¼ c 1% milk 6oz	<u>Cheeseburger</u> Beef patty with Amer. cheese 1 each WW Bun 1 each Broccoli ¼ c Fruit cocktail ¼ c 1% milk 6oz	<u>Chicken Ceasar</u> Chicken 1 ½ oz WG garlic sticks 1 each Romaine lettuce ½ c Grapefruit ¼ c 1% milk 6oz	"WHAT NEW VEGETABLE DID YOU TRY THIS YEAR?"  (CABBAGE, SPINACH, CAULIFLOWER?)
<b>SNACK</b>	Hummus ½ oz eq WG Scoops ½ oz eq Water	WG Cinnamon triangles ½ oz eq 100% Apple juice 4oz	Honey dew ½ c Cheddar ½ oz eq Water	Goldfish 1 pk 100% grape juice 4oz	Sun butter ½ oz eq WG Pita bread ½ oz eq Water	  Enjoy 😊

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MAY 18-22	BJ WILKERSON MEMORIAL CHILD DEVELOPMENT CENTER INC. 🍎					
CACFP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	COMMENTS
<b>BREAKFAST</b>	Turkey sausage ½ oz eq Sliced apple ½ c 1% milk 6oz	Scrambled eggs ½ oz eq WW Toast ½ each 100% OJ 4oz 1% milk 6oz	Vanilla yogurt ¼ c Cantaloupe ½ c 1% milk 6oz	WGR French Toast ½ oz eq Applesauce ½ c 1% milk 6oz	WG Coco Puff 1 each Strawberries ½ c 1% milk 6oz	Key: Hltp- hilltop Hearth M-O-M- Malt-O-Meal Iceb- Iceberg lettuce Hltp- Hilltop *Recipe
<b>LUNCH</b>	<u>Corn Chowder</u> Cannellini bean 1 ½ oz WW crouton ½ oz eq Corn ¼ c Fruit cocktail ¼ c 1% milk 6oz	<u>Chicken Sandwich</u> Chicken 1 ½ oz WW roll 1 ea. Broccoli ¼ c Oranges ¼ c 1% milk 6oz	<u>Fish Taco</u> WGR Pollock 1 ½ oz Taco shell 2 each Red cabbage ¼ c Pineapple ¼ c 1% milk 6oz	<u>Penne Pasta &amp; Meat sauce</u> WG Pasta ½ oz eq Gr Turkey 1 ½ oz Green bean ¼ c Fruit cocktail ¼ c 1% milk 6oz	<u>E.M. Pizza</u> WGR English muffin ½ oz eq Mozzarella 1 ½ oz Pea & Carrot ¼c Pear ¼ c 1% milk 6oz	"WHAT NEW FRUIT DID YOU TRY THIS YEAR?"  (GRAPEFRUIT, MANGO, CRANBERRIES?)
<b>SNACK</b>	WGR Waffle ½ oz eq Strawberries ½ c Water	WG Graham cracker ½ oz eq Monterey Jack cheese cubes ½ oz eq Water	WW Churros ½ oz eq 1% milk 4oz	<u>Birthday Celebration</u> WGR Pancake bite ½ oz eq Blueberries ½ c Water	WG Cheez-its 1 pk 100% Apple Juice 4oz	  Enjoy 😊

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